One of the most problematic geographical terms in the world historian’s vocabulary is Asia. Greek mariners originally employed the term Asia to refer to lands east of the Aegean Sea, as opposed to Europe, the lands to the west. To scholars of medieval Europe, Asia referred generically to an amorphous and poorly known land east of the Nile River and the Mediterranean Sea. Meanwhile, in the lands now collectively and conventionally known as Asia, no one used the term Asia at all before about the mid-nineteenth century, when European imperialists introduced it to the region.¹

Contemporary efforts to define Asia as something other than a mere geographical expression have been largely unpersuasive. Perhaps the most impressive of these efforts is the erudite work of K. N. Chaudhuri, who views Asia as a collective embracing the Islamic heartlands, India, Southeast Asia, and China, along with the smaller societies that drew influence from their more powerful neighbors. The glue that holds Chaudhuri’s Asia together is exchange—cultural, biological, and especially commercial exchange.² Besides linking the subregions of Asia, however, exchange also linked Chaudhuri’s Asia as a whole to the Mediterranean basin, Europe, and sub-Saharan Africa. Thus it is impossible to take exchange as the principal criterion for the definition of Asia, since exchange points toward an integrated Eastern Hemisphere rather than a coherent conception of a coherent Asia.³

Although intrinsically vague and perhaps fatally flawed, the term Asia does not seem likely to disappear anytime soon. The task for historians and other scholars, then, is to find ways to discuss the experiences of Asian lands and investigate their roles in the larger world without implying that Asia forms a separate cultural or geographical zone out of communication with other world regions. One way to deal responsibly and realistically with Asian lands is to examine their connections with other societies. It goes without saying that interaction with the larger world is not the only important dimension of Asian history: the formation of complex societies, the building of states, and the development of cultural traditions within individual Asian lands also rank as fundamentally important themes in both Asian and world history. But a focus on interactions—particularly large-scale processes such as mass migrations, campaigns of imperial expansion, and cross-cultural trade—can throw useful light on the development of individual Asian societies and can also help situate Asian experiences in the larger terrain of world history.⁴

It is impossible to understand the historical experiences of Asian peoples—or of European, African, American, or Oceanic peoples—except in the larger context of global history and the large-scale processes that human groups have set in motion. The original establishment of human communities in the eastern parts of the Eurasian landmass, for example, was the result of migrations by Homo erectus groups, whose ancestors ventured out of Africa as early as a million years ago, followed later by Homo sapiens groups as well. Homo erectus migrated to northern Arabia, Mesopotamia, Iran, northern India, Southeast Asia, China, and offshore islands as well. Recent archaeological analysis has shown that between 800,000
Domesticated horses enabled peoples speaking Indo-European languages to launch a migratory surge that eventually established communities of Indo-European speakers from Ireland to Central Asia.

With the establishment of large-scale imperial states in the age of classical societies (500 B.C.E.–500 C.E.), interactions across Eurasia became more regular and systematic than ever before. The Roman empire in the Mediterranean basin, the Achaemenid, Seleucid, Parthian, and Sasanian empires in Southwest Asia, the Mauryan and Kushan empires in India, and the Han empire in China all brought relative order to large regions and fostered economic and cultural development within their territories. Commercial, biological, and cultural exchanges flowed readily throughout Eurasia and North Africa, profoundly influencing the development of all societies they touched. Best known of the trade routes were the overland silk roads that stretched from the Mediterranean basin to China, but sea lanes through the Mediterranean, the Red Sea, the Persian Gulf, the Indian Ocean, and the South China Sea also became busy avenues of commercial exchange. Commodities traded over the silk roads and sea lanes of classical times included silk from China, fine spices from Southeast Asia, pepper and gems from India, horses and jade from Central Asia, aromatics from Arabia, and glass, jewelry, and bullion from the Mediterranean basin.

These trade routes of classical times offered opportunities for cultural and biological as well as commercial exchange. They facilitated the early spread of Buddhism from India to Iran, Central Asia, and China, as well as the early spread of Christianity from Palestine to the Mediterranean basin and Mesopotamia. Among the most explosive missionary religions of classical times was Manichaeism, which spread from the prophet Mani’s Babylonian homeland to the Mediterranean basin, Southwest Asia, and northern India. These religious traditions all changed as they spread, adapting to the needs and interests of communities far from their lands of origin. They also absorbed elements from different traditions: Hellenistic ideas about a savior likely influenced the development of Mahayana Buddhism, and Mani explicitly sought to blend teachings from Zoroastrian, Buddhist,
Cross-cultural interactions during the millennium 500 to 1500 C.E. profoundly influenced the experiences of individual societies as well as the development of the Eastern Hemisphere as a whole.

Cross-cultural interactions during the millennium 500 to 1500 C.E. profoundly influenced the experiences of individual societies as well as the development of the Eastern Hemisphere as a whole. Trade networks reached almost all regions of Eurasia and sub-Saharan Africa, and large volumes of commerce encouraged specialization of agricultural and industrial production. Under the Tang and Song dynasties, for example, Chinese peasants often turned from cereals to the cultivation of lychees or sugar for sale on the market or the production of silk textiles, porcelain, or lacquerware for export. Similarly, Indian entrepreneurs cultivated pepper and produced cotton textiles for export, while Muslim merchants from Arabia, Persia, and India provided shipping and transportation services throughout the Indian Ocean basin. Chinese technological innovations, including most notably gunpowder and the compass, diffused throughout Eurasia and eventually changed forever the nature of warfare and maritime travel.

As in earlier times, brisk trade encouraged cultural and biological exchanges among the societies of the Eastern Hemisphere. Manichaeanism won converts among Turkish peoples in Central Asia and even established a foothold in China: a Manichaean community survived in the port city of Quanzhou until at least the sixteenth century, long after authorities had suppressed Manichaean communities in Southwest Asia and the Mediterranean basin. Christianity spread to Central Asia and China as well as Western Europe: the Nestorian church based in Mesopotamia attracted the interest of Turkish merchants, who took their faith to China no later than the early seventh century, while missionaries from Rome worked to establish their version of Christianity securely in France, Germany, and the British isles.

By the thirteenth century even Roman Catholic missionaries had ventured to India and China: they had limited success in their efforts to attract native converts, but they served sizable expatriate communities of European merchants. Persian Zoroastrians fleeing before Muslim conquerors established diaspora communities in India and China. Buddhism won a large following throughout East Asia and much of Southeast Asia as well. The most dynamic of the expanding religious traditions, however, was Islam, which spread rapidly from its Arabian homeland to north Africa, sub-Saharan East and West Africa, Southwest Asia, India, Central Asia, and the islands of Southeast Asia.
Meanwhile, biological diffusions shaped the conditions of material life for peoples throughout the Eastern Hemisphere. Fast-ripening rice from Champa (Central Vietnam) increased grain yields in China, and bananas from Southeast Asia added calories to the diets of Bantu-speaking cultivators in sub-Saharan Africa. Among the most important biological diffusions of the millennium 500 to 1500 was the broad array of staple, vegetable, fruit, and industrial crops spread largely by Muslim agents from India and Southeast Asia to Southwest Asia and the Mediterranean basin. The transplants included hard wheat, sugar cane, sorghum, spinach, artichoke, eggplant, citrus fruits, bananas, coconuts, melons, cotton, indigo, and henna, among others. In combination, these plants led to enriched diets, increased agricultural production, demographic growth, and economic development throughout much of the Eastern Hemisphere.17

Other biological diffusions ravaged the populations of lands engaged in interaction. Most notable of the diseases that traveled the trade routes and touched off epidemics was bubonic plague, which raged throughout the Mediterranean basin in the sixth century and fueled a massive pandemic in much of Eurasia and North Africa in the fourteenth century.18 Whether they led to increased or diminished populations, biological diffusions clearly demonstrated that Asian, European, and African peoples did not live in separate worlds, but rather inhabited a vast, interconnected zone of communication and exchange in which developments in one region had influences throughout the Eastern Hemisphere.

During the early modern era (1500–1800), the establishment of genuinely global trade networks brought influences from the Americas as well as Europe and Africa to Asian societies. European merchants funneled American silver to Asian lands in exchange for silk, cotton, porcelain, pepper, spices, and other Asian products. This trade and the silver that accompanied it stimulated rapid economic development in Asian lands. American plants also made their way to Asian lands, and after about the mid-seventeenth century maize, potatoes, tomatoes, peppers, peanuts, and other American crops helped underwrite rapid demographic growth, especially in the Ottoman empire, Mughal India, and China. Asian peoples also reflected the influence of European technologies, particularly ship designs and advanced firearms—based on gunpowder technologies that had originated in China and spread west after the eleventh century.19

Except in the Philippines, European peoples had little success in their efforts to establish Christianity in Asian lands, and even in the Philippines missionaries encountered misunderstanding and resistance to their message. Nevertheless, in China, India, and Japan, Roman Catholic missionaries served as agents of cross-cultural communication between Europe and Asia.20

Even a quick historical glance makes it plain that Asia has never been a separate area out of contact and communication from other world regions.

The formation of powerful national states and the process of industrialization strengthened European and Euro-American peoples in modern times (since 1800) with respect to their counterparts in Africa and Oceania as well as Asia. The unprecedented domination of the world by European and Euro-American peoples in the late nineteenth and early twentieth centuries demonstrated once again the significance of cross-cultural interactions for Asian societies. Armed with lethal weapons and increasingly effective technologies of transportation and communication, European and Euro-American peoples established their hegemony in Asia, Africa, and Oceania. By the late nineteenth century, European imperialists had colonized India, Southeast Asia, Africa, and Oceania, and the Ottoman empire and China escaped a similar fate largely because of jealousies among imperial powers.21

Even a quick historical glance makes it plain that Asia has never been a separate area out of contact and communication from other world regions. From earliest times to the present, large-scale processes of cross-cultural interaction have linked the various subregions of Asia and also connected Asia as a whole to the larger world. This does not mean that Asian history dissolves entirely into world history: there are many themes that call for historians to pay attention to the specific experiences of Asian lands and peoples, and they are important for the understanding of Asian societies as well as the larger world. Nevertheless, it is impossible to understand the development of Asian societies themselves except in the light of cross-cultural interactions that have touched all the world’s peoples and helped to shape their societies. ■

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NOTES


6. For the periodization followed here see Bentley, “Cross-Cultural Interaction and Periodization in World History.”


